



CREATING BETTER HEALTH TOGETHER ACROSS MINNESOTA

# SHIP Community Partners in Minnesota Senate District 19

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*Healthy communities  
create opportunities  
for all Minnesotans to  
live longer, healthier  
lives.*

*Across the state,  
communities are  
working together  
through the Statewide  
Health Improvement  
Partnership (SHIP) to  
expand opportunities  
for active living,  
healthy eating and  
tobacco-free living.*

For more information  
about SHIP, contact your  
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### SHIP STRATEGIES:

- Active Living
- Healthy Eating
- Tobacco
- Schools
- Child Care
- Health Care
- Workplace
- Multiple Strategies
- New Partner Sites
- ▭ Tribal SHIP and Tobacco Grants

SHIP Community Partners  
Legislative Districts 19A & 19B



Data represents SHIP community partners and their SHIP strategies during the period of Jan 1, 2016 - Sept 23, 2016. New partner locations were reported to MDH on Feb 9, 2017; additional detail on strategies for these locations will be made available April 1, 2017.

Office of Statewide Health Improvement Initiatives, February 2017

## COMMUNITY PARTNERS

### ACTIVE LIVING

City of Eagle Lake  
City of Lafayette  
City of Saint Peter

### HEALTHY EATING

Big Dogs Treasures and Coffee  
Echo Food Shelf  
Growing With Grace Community Garden  
Heart and Soil Community Garden  
LSS MN Senior Nutrition Program Congregate Dining  
Mankato Clinic  
Wickersham Health Campus  
Minnesota Valley Action Council  
St. Peter Farmers Market  
Saint Peter Food Co-Op

### TOBACCO

Nicollet County Parks

### SCHOOLS

Central Freedom School  
Central High Area Learning Center  
Eagle Lake Elementary  
Franklin Elementary  
Jefferson Elementary  
Kennedy Elementary  
Lafayette Charter School  
Mankato East Senior High  
Mankato West Senior High  
Monroe Elementary  
Nicollet Public School  
Roosevelt Elementary  
Rosa Parks Elementary  
South Elementary School  
Washington Elementary

### HEALTH CARE

Benedictine Living  
Community of St. Peter  
Blue Earth Cty. Public Health  
Mankato Clinic, Ltd.  
Mayo Clinic Health System – St. Peter  
Nicollet County Public Health  
Vine Faith in Action

### WORKPLACE

Blue Earth County Government Center  
Blue Earth County Historic Courthouse  
Blue Earth County Justice Center  
Blue Earth County Library  
Children’s Museum of Southern Minnesota  
Nicollet County Government Center  
Nicollet County Health and Human Services  
Nicollet County (various locations)  
Region Nine Development Commission

### MULTIPLE STRATEGIES

City of Mankato Intergovern. Center  
Mankato Hilltop Hy-Vee  
Open Door Health Center  
Rivers Edge Hospital and Clinic

### NEW PARTNER SITES

City of St. Peter Public Works  
John Ireland School  
Minnesota River Area Agency on Aging  
Parkview Manor Senior Housing  
Realife Cooperative Senior Housing  
St. Peter Evan. School  
St. Peter Public Library

## Story from the field

### BRINGING LOCAL FOOD TO LOCAL KIDS AND SENIORS

Because of partnerships between BE WELL (Blue Earth Co SHIP), the Minnesota Valley Action Council (MVAC) Food Hub in Mankato, local school districts, and senior nutrition programs, both school age kids and area seniors are consuming more locally grown produce.

These partnerships began in 2014 when the MVAC Food Hub received BE WELL funding to purchase equipment to process locally grown produce in useful ways for schools and other institutions – turning carrots into carrot sticks, for example.

BE WELL connected local schools with MVAC, took school leaders on Food Hub tours, and showed them how useful the Food Hub could be in procuring local healthy foods as a part of a school’s Farm to School and wellness initiatives. Now, more than 7,500 students in Mankato Area Public Schools, Lake Crystal Wellcome Memorial Schools, and St. Clair Schools are eating healthy, local food from the MVAC Food Hub.

Adults over 60 who use congregate dining sites and/or the Meals on Wheels program offered by the Lutheran Social Services (LSS) Senior Nutrition Program are also consuming more locally grown produce. That’s thanks to partnerships between the MVAC Food Hub, BE WELL and Healthy Together (Nicollet-Brown-LeSueur-Waseca Co. SHIP) to source local produce and equip LSS kitchens to process and prepare the produce.

Using BE WELL and Healthy Together grant funds, LSS transformed kitchen practices and added the MVAC Food Hub as an official vendor, thus ensuring that fresh, local food remains at the forefront of their menu planning.